Factors Influencing Health

Health influences all of life

- Individual health
- Family Whānau Community
- Education • Housing
  Social support • Workplaces
  Transport • Recreation
- Environment Economy

Many factors contribute to health
Session Guidelines

This is a 15 minute webinar session for CNC physicians and staff

CNC holds webinars monthly to address topics related to risk adjustment documentation and coding

Next scheduled webinar:
- July
- Topic: Top 10 Documentation and Coding Errors

CNC does not accept responsibility or liability for any adverse outcome from this training for any reason including undetected inaccuracy, opinion, and analysis that might prove erroneous or amended, or the coder/physician’s misunderstanding or misapplication of topics. Application of the information in this training does not imply or guarantee claims payment.
Agenda

- Coding Guidelines:
  - Routine and Administrative Examinations
  - Aftercare
  - History of
  - Long Term (current) Drug Therapy
  - Acquired Absence of Limb
  - Artificial Openings
  - Transplanted Organ and Tissue
  - Dependence on Enabling Machines and Devices
Routine and administrative examinations

The Z codes allow for the description of encounters for routine examinations, such as, a general check-up, or, examinations for administrative purposes, such as, a pre-employment physical.

Some of the codes for routine health examinations distinguish between “with” and “without” abnormal findings. Code assignment depends on the information that is known at the time the encounter is being coded.

Pre-operative examination and pre-procedural laboratory examination Z codes are for use only in those situations when a patient is being cleared for a procedure or surgery and no treatment is given.

The Z codes/categories for routine and administrative examinations:

Z00 Encounter for general examination without complaint, suspected or reported diagnosis
Z01 Encounter for other special examination without complaint, suspected or reported diagnosis
Z02 Encounter for administrative examination
Z32.0- Encounter for pregnancy test
Aftercare visit codes cover situations when the initial treatment of a disease has been performed and the patient requires continued care during the healing or recovery phase, or for the long-term consequences of the disease.

The aftercare Z codes should also not be used for aftercare for injuries. For aftercare of an injury, assign the acute injury code with the appropriate 7th character (for subsequent encounter).

Aftercare codes should be used in conjunction with other aftercare codes or diagnosis codes to provide better detail on the specifics of an aftercare encounter visit, unless otherwise directed by the classification.

Certain aftercare Z code categories need a secondary diagnosis code to describe the resolving condition or sequelae.

Status Z codes may be used with aftercare Z codes to indicate the nature of the aftercare.

- For example code Z95.1, Presence of aortocoronary bypass graft, may be used with code Z48.812, Encounter for surgical aftercare following surgery on the circulatory system, to indicate the surgery for which the aftercare is being performed.
Aftercare

The aftercare Z category/codes:

Z42 Encounter for plastic and reconstructive surgery following medical procedure or healed injury

Z43 Encounter for attention to artificial openings

Z44 Encounter for fitting and adjustment of external prosthetic device

Z45 Encounter for adjustment and management of implanted device

Z46 Encounter for fitting and adjustment of other devices

Z47 Orthopedic aftercare

Z48 Encounter for other postprocedural aftercare

Z49 Encounter for care involving renal dialysis

Z51 Encounter for other aftercare and medical care
Personal history codes may be used in conjunction with follow-up codes and family history codes may be used in conjunction with screening codes to explain the need for a test or procedure.

History codes are also acceptable on any medical record regardless of the reason for visit. A history of an illness, even if no longer present, is important information that may alter the type of treatment ordered.

- **Z80** Family history of primary malignant neoplasm
- **Z81** Family history of mental and behavioral disorders
- **Z82** Family history of certain disabilities and chronic diseases (leading to disablement)
- **Z83** Family history of other specific disorders
- **Z84** Family history of other conditions
- **Z85** Personal history of malignant neoplasm
- **Z86** Personal history of certain other diseases
- **Z87** Personal history of other diseases and conditions
- **Z91.4** Personal history of psychological trauma
- **Z91.5** Personal history of self-harm
- **Z91.81** History of falling
- **Z91.82** Personal history of military deployment
- **Z92** Personal history of medical treatment
Long Term (current) Drug Therapy

Codes from this category indicate a patient’s continuous use of a prescribed drug (including such things as aspirin therapy) for the long-term treatment of a condition or for prophylactic use. It is not for use for patients who have addictions to drugs.

Assign a code from Z79 if the patient is receiving a medication for an extended period as a prophylactic measure (such as for the prevention of deep vein thrombosis) or as treatment of a chronic condition (such as arthritis) or a disease requiring a lengthy course of treatment (such as cancer).

- **Z79.4 Long-term current use of Insulin**
- **Z79.891 Long-term current use of opiate analgesic**
  - Long term current use of methadone for pain management
A status code is informative, because the status may affect the course of treatment and its outcome. A status code is distinct from a history code. The history code indicates that the patient no longer has the condition.
Artificial Openings

- Z93.0  Tracheostomy status
- Z93.1  Gastrostomy status
- Z93.2  Ileostomy status
- Z93.3  Colostomy status
- Z93.4  Other artificial openings of gastrointestinal tract status
- Z93.50  Unspecified cystostomy status
- Z93.51  Cutaneous-vesicostomy status
- Z93.52  Appendico-vesicostomy status
- Z93.59  Other cystostomy status
- Z93.6  Other artificial openings of urinary tract status
- Z93.8  Other artificial opening status
- Z93.9  Artificial opening status, unspecified
A status code should not be used with a diagnosis code from one of the body system chapters, if the diagnosis code includes the information provided by the status code.

**Transplant Complications T86.-:**
- Rejection
- Failure
- Infection
- Other Complication

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>Z94.1</td>
<td>Heart transplant status</td>
</tr>
<tr>
<td>Z94.2</td>
<td>Lung transplant status</td>
</tr>
<tr>
<td>Z94.3</td>
<td>Heart and lungs transplant status</td>
</tr>
<tr>
<td>Z94.4</td>
<td>Liver transplant status</td>
</tr>
<tr>
<td>Z94.81</td>
<td>Bone marrow transplant status</td>
</tr>
<tr>
<td>Z94.82</td>
<td>Intestine transplant status</td>
</tr>
<tr>
<td>Z94.83</td>
<td>Pancreas transplant status</td>
</tr>
<tr>
<td>Z94.84</td>
<td>Stem cells transplant status</td>
</tr>
<tr>
<td>Z94.0</td>
<td>Kidney transplant status</td>
</tr>
</tbody>
</table>
Dependence on Enabling Machines and Devices

Categories Z89-Z90 and Z93-Z99 are for use only if there are no complications or malfunctions of the organ or tissue replaced, the amputation site or the equipment on which the patient is dependent.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>Z99.11</td>
<td>Dependence on respirator [ventilator] status</td>
</tr>
<tr>
<td>Z99.2</td>
<td>Dependence on renal dialysis</td>
</tr>
<tr>
<td>Z99.3</td>
<td>Dependence on wheelchair</td>
</tr>
<tr>
<td>Z99.81</td>
<td>Dependence on supplemental oxygen</td>
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</tbody>
</table>
Please submit coding and documentation questions to RAFeducation@cnchealthplan.com