

HOW TO SAVE MONEY ON PRESCRIPTION DRUGS



Tips on getting the most from your prescription benefit.

Prescription drugs can make up a large part of your budget, but members enrolled in our MAPD PPO or HMO plans can make a few simple steps to save money each year.

- **Delivered to your Home**

Mail order pharmacies allow you to order a 90-day supply of medications. Take advantage of mail order for larger cost-savings on medications. Plus, you save gas money with reduced trips to your pharmacy because your medications are delivered to your front door!

- **Generic over Brand**

Talk to your doctor to see if there's a generic medication that can he/she can prescribe instead of a brand-name. Using a Tier 1 – Preferred Generic drug from the CNC formulary will provide even lower cost savings with a generic prescription.

- **Preventive Care**

Get your yearly no-cost "Wellness" exam and take advantage of yearly no-cost screenings like the diabetes, mammogram, and cardiovascular disease screenings. Early detection costs less to treat and reduces your changes of taking medications for a long period of time.

Do you need assistance to help pay for your prescriptions?

The ongoing cost of prescription drugs can be a challenge. The following are helpful resources that could help reduce the cost of your prescription drugs.

- **Pharmaceutical Assistance Programs**

Some pharmaceutical companies offer help for people enrolled in Part D plans. Find out whether there's a Pharmaceutical Assistance Program (<https://www.medicare.gov/pharmaceutical-assistance-program/>) for the drugs you take.

- **Extra Help**

Medicare and Social Security have a program for people with limited income and resources that provides assistance to pay for your prescription drugs. If you qualify, you could pay no more than \$3.30 for each generic or \$8.25 for each brand-name covered drug in 2017. Apply for Extra Help (<https://secure.ssa.gov/i1020/start>) to see if you qualify.