

Pack Your Bags...

And Don't Forget Your Medications.



If you take a prescription drug on a regular basis and are going on a trip, be sure to check your supply of the drug before you leave.

When possible, take along all of the medication you will need. If you see that you will run out of your medication while you are gone, but it is too early to get a refill, you may be able to order early refills, a “vacation supply”, ahead of time. You can ask your local pharmacy to call our member services team at the phone number listed on your prescription drug card. We will assist your pharmacy in allowing an early refill for the medications that are eligible. Planning ahead will allow you to enjoy your trip without the worry of having enough medication on hand.

If, however, you are traveling within the United States and territories and become ill, or run out of your prescription drugs, we will cover prescriptions that are filled at an out-of-network pharmacy. In this situation, you will have to pay the full cost (rather than paying just your co-payment or coinsurance) when you fill your prescription. You can ask us to reimburse you for our share (e.g. the amount we would pay a network pharmacy) of the cost by submitting a reimbursement form. Keep in mind, if you go to an out-of-network pharmacy, you may be responsible for paying the difference between what we would pay for a prescription filled at an in-network pharmacy and what the out-of-network pharmacy charged for your prescription. Please note, per Medicare rules, we cannot pay for any prescriptions that are filled by pharmacies outside of the United States and territories, even for a medical emergency.

To find out if there is a network pharmacy in the area where you are traveling, to learn how to submit a reimbursement claim or if you have any other travel-related medication question, please call your Healthcare Concierge.



When traveling there are many resources out there for tips on what to see and information about the area you will be traveling to. Another tool for you is the Centers for Disease Control and Prevention (CDC) website. The CDC has up to date travel warnings and recommended immunizations for your travel destination.

bit.ly/CDCTravelTips