

Care N' Care Partners with AdhereHealth to Provide Medication Review

Dear Care N' Care member,

If you're like most seniors, you likely see multiple physicians and have multiple prescriptions, some of which you may be filling through mail order and some in person. We know that this can often cause confusion and raise medication-related questions that may need answers.

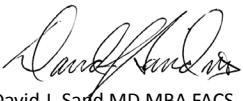
To help with this, Care N' Care has partnered with AdhereHealth (formerly PharmMD), a leader in medication management, to provide you with a no-cost, medication review. The purpose of this review is to assist you in making sure you're receiving the best care possible and that nothing is preventing you from following your care plan.

You may receive a call from one of AdhereHealth's licensed clinicians. After a few questions to assure the privacy and protection of your information, the clinician will review your medications and confirm that you are taking them as prescribed by your doctor or other medical provider to achieve the desired results. The clinician will also ask you about any challenges you might be facing that may make it difficult for you to take your medications as you would like -- such as cost, side effects, medication delivery, etc. If there are such barriers, we want to help you manage them. For example, we can make it more convenient by synchronizing all of your regular medications, so you can refill them on the same day. Or we can make sure that you are taking advantage of our tremendous prescription benefit which can get you a three-month supply of most medications for the price of two at all retail pharmacies or by utilizing Care N' Care's convenient mail-order service.

We urge you to speak candidly with the AdhereHealth clinician when you receive the call. All information will be kept private and strictly confidential and in full compliance with HIPAA privacy laws.

We hope that you find this medication management call of value. It is a part of our continued focus of looking for new ways to positively impact your health and well-being and to remind you of the importance of consistent self-care, so you can live life to its fullest.

Sincerely,



David J. Sapid MD MBA FACS
Chief Medical Officer



Shane Greene Pharm. D.
Director of Clinical Pharmacy Services



Need Assistance?

Call your Healthcare Concierge toll-free at 1-877-374-7993 (TTY 711), October 1 - March 31, 8am to 8pm, CST, seven days a week or April 1 - September 30, 8am to 8pm, CST, Monday through Friday.

Sent by Care N' Care Insurance Company, Inc. 1701 River Run, Suite 402, Fort Worth, TX 76107

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