

# Signs of a Stroke

**If you suddenly experience any of these symptoms, call 911, as they could be signs of a stroke.**

- Severe headache
- Slurred speech
- Facial drooping
- Numbness, tingling, clumsiness, paralysis, or muscle weakness on one side of the body, or decreased use of a limb.
- Loss of balance or coordination or difficulty walking.
- Sensory changes, such as in hearing, vision, touch, or taste.
- Trouble swallowing, reading, writing, or understanding others.
- Incontinence
- Dizziness
- Confusion
- Blurry vision

If you think someone's having a stroke, act—

## ***FAST*: an easy way to remember**



### **FACE**

Ask them to smile. Does the face look uneven?



### **ARMS**

Ask them to raise both arms. Does one arm drift down?



### **SPEECH**

Ask them to repeat a phrase. Does their speech sound strange?



### **TIME**

Quickly Call 911 at any sign of a stroke.

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