

June 23, 2020

## PLAN BENEFIT HIGHLIGHT: COPD

COPD (Chronic Obstructive Pulmonary Disease) affects millions of Americans. While there is no cure for COPD, there are medications to manage your symptoms and help you feel better. Most people with COPD use an inhaler, they are portable and can deliver medication more quickly.

Your Care N' Care plan covers many of these inhalers at the lowest possible copays. Members also have an added benefit called Gap Coverage for most of them.

Learn more about this special COPD inhaler benefit covered under your plan!

### Questions or Need Assistance?

Contact your Healthcare Concierge by phone or email.



Call: 1-877-374-7993 (TTY 711)



Email: [concierge@cnchealthplan.com](mailto:concierge@cnchealthplan.com)

October 1 - March 31, 8am to 8pm, CST, seven days a week or April 1 - September 30, 8am to 8pm, CST, Monday through Friday.



## Plan Benefit Highlight: COPD (Chronic Obstructive Pulmonary Disease)

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### 1. What is Gap Coverage and how does it work?

- Cost of medication should never be a reason why you cannot manage your COPD. Gap Coverage ensures that your copay will not increase if you enter the Coverage Gap stage (also known as the Donut Hole) of drug payment. In fact, in many instances your copay may be less in the Coverage Gap than what you paid in the Initial Coverage Stage. You do not have to ask for Gap Coverage. This benefit will automatically apply when the pharmacy fills your prescription. For more information on the different drug payment stages, you can refer to our website: <https://www.cnchealthplan.com/our-plans-2020/gap-coverage-2020/>. To inquire about which current drug payment stage you are in, see your Explanation of Benefits that is mailed to you monthly.

### 2. I still can't afford my medication. What should I do?

- Speak with your provider about not being able to afford your medication to make sure you are using an inhaler that Care N' Care covers at the lowest possible copays. You can also ask your doctor for information about patient assistance programs.
- You may be able to get Extra Help to pay for your prescription drug premiums and costs. This program is also called the "low-income subsidy" or LIS. People whose yearly income and resources are below certain limits can qualify for this help. To see if you qualify for getting Extra Help, see Section 6 of your Medicare & You 2020 handbook or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week. You can also call the Social Security Office at 1-800-772-1213, between 7 a.m. and 7 p.m., Monday through Friday. TTY users should call 1-800-325-0778. You can also call your State Medicaid Office.

### 3. Does Gap Coverage apply if I already have LIS?

- No, your LIS copays will remain the same in the Coverage Gap stage. In other words, you will not need Gap Coverage, because your copay will not be affected if you enter the Coverage Gap.

Below is a select list of the COPD inhalers that are on our formulary that have Gap Coverage along with the assigned copay tier. For a complete list of COPD medications, please refer to your Comprehensive Formulary which can be found on our website at <https://www.cnchealthplan.com/our-plans-2020/plan-documents-2020/>

<b>COPD Medications</b>	<b>Tier level</b>
Short Acting (“Rescue”) inhalers	
Albuterol Sulfate HFA	1
ProAir HFA	3
ProAir RespiClick Aerosol Powder Breath Activated	3
Long Acting (“Maintenance” or “Long term control”) inhalers	
Fluticasone-Salmeterol Aerosol Powder (generic for Advair®)	2
Wixela Inhub Aerosol Powder Breath Activated (generic for Advair®)	2
Budesonide-Formoterol Fumarate (generic for Symbicort®)	3
Serevent Diskus Aerosol Powder Breath Activated	3
Spiriva HandiHaler	3
Spiriva Respimat	3
Stiolto Respimat	3
Symbicort Aerosol	3
Trelegy Ellipta Aerosol Powder Breath Activated	3

For more information, refer to your plan [Evidence of Coverage](#), or contact your Healthcare Concierge.



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