

January 13, 2021

## COVID-19 Vaccine Information Now that a vaccine is available, What's Next?

Texas continues to receive doses of the Pfizer and Moderna COVID-19 vaccines, and is distributing statewide to hospitals, pharmacies, local health departments, freestanding ERs and other clinics.

### Are you eligible for the vaccine now?

There are currently two phases, Phase 1A and Phase 1B, individuals in both phases are eligible to receive the vaccine if supply is available.

- **Phase 1A:**  
Front-line healthcare workers and residents of long-term care facilities.
- **Phase 1B:**  
Persons 65 years of age and older; and, persons 16 years and older for the Pfizer vaccine, or 18 years and older for the Moderna vaccine, who also have a chronic condition that puts them at risk for severe illness caused by the COVID-19 virus.

### I'm eligible, how do I get one?

Vaccine supply is limited (but more arrives every week). Check the [Texas COVID-19 Vaccine Provider Locations](#) site to find a vaccine hub near you.

### Reminder:

- Do not show up at a hospital or clinic looking for the vaccine. You must pre-register and have an appointment.
- Check the website for information about vaccine availability.
- Call your Customer Experience Team if the website doesn't answer your questions.

## COVID-19 Vaccine Provider Locations

### How much do I have to pay for the vaccination?

The COVID-19 vaccine is available at NO Charge. The vaccine itself has been paid for through funding authorized by the CARES Act. Your provider will bill any cost to administer the vaccination to traditional fee-for-service Medicare even though you are a member of Care N' Care.

### How many doses are needed and are there side effects?

Both vaccines require 2 doses. Depending on which vaccine you receive, a second shot (dose) 3-4 weeks after your first shot is needed to give the most protection against COVID-19.

The side effects from the vaccination may feel like flu and might even affect your ability to do daily activities, but they should go away in a few days. [Click here to learn more about what side effects to expect and get helpful tips on how to reduce pain and discomfort after your vaccination.](#)

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### How will I know these COVID-19 vaccines are safe?

The U.S. Food and Drug Administration has a known and proven process for the verification of vaccines, and while these COVID-19 vaccines have been made available quickly, no step in the safety and efficacy process was skipped. The FDA issued EUAs (Emergency Use Authorization) for the first COVID-19 vaccines, only after enough scientific data was shown to indicate the vaccines safety and efficacy in a clear and compelling manner.

### Can the vaccine give you the virus?

The currently approved vaccines, both Pfizer and Moderna, do not contain live virus, which means they cannot give someone COVID-19. Additionally, the vaccine will not cause you to be contagious or to spread COVID-19.

### How effective are the approved vaccines?

Studies show the currently available COVID-19 vaccines (produced by Pfizer and Moderna Therapeutics), to be 95 percent effective.

With or without the COVID-19 vaccination, it's important to Wear a Mask, Stay 6 Feet Apart and Avoid crowds.

[Still have questions? Visit the CDC website to learn more!](#)

# DON'T FORGET



Wear a Mask



Stay 6 Feet Apart



Avoid Crowds

## Questions or Need Assistance?

Contact your Customer Experience Team phone or email.



Call: 1-877-374-7993 (TTY 711)



Email: [yourteam@cnhealthplan.com](mailto:yourteam@cnhealthplan.com)

October 1 - March 31, 8am to 8pm, CST, seven days a week or April 1 - September 30, 8am to 8pm, CST, Monday through Friday.

