

## **Tropical Trail Mix**



**TOTAL TIME:** 10 Minutes



**SERVINGS:** 10 Servings



## **INGREDIENTS**

- 1 1/2 cups chopped, unsalted cashews (8 ounces)
- 3/4 cup chopped, unsalted macadamia nuts (4 ounces)
- 1/3 cup chopped dates
- 1/3 cup chopped dried papaya
- 1/4 cup chopped crystallized ginger
- 1/4 cup unsweetened shredded coconut (optional)

## INSTRUCTIONS

Toss all of the ingredients together in a medium bowl.



**COURTESY OF:** Chef Henry







