



Over-the-Counter Benefit: *Included Benefit*

Savings easy and convenient from your home

Over-the-counter (OTC) drugs and supplies can be expensive. That's why Care N' Care Health Plan (HMO/PPO) offers a way to save money on these items and have them conveniently delivered to your home, saving you time and money.

Ordering the items you need to stay healthy is easy as 1..2..3



Select the health and wellness products you would like from the OTC product catalog



Place one order per calendar quarter, online or by phone



Receive your order – delivered to your door

Care N' Care provides a \$30 credit every quarter toward the purchase of select OTC health and wellness items like pain relievers, cough and cold medicine, vitamins, sunscreens and bandages, through a mail order catalog. Orders are shipped by the US postal service at no additional cost.

From dental floss to bandages – We've got the everyday products you need!

View the catalog at cnhealthplan.com/our-plans-2022/plan-documents-2022/