



Acupuncture



Acupuncture for chronic low back pain

Covered services include:

Up to 12 visits in 90 days are covered for Medicare beneficiaries under the following circumstances:

For the purpose of this benefit, chronic low back pain is defined as:

- Lasting 12 weeks or longer
- Nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious, etc. disease)
- Not associated with surgery; and
- Not associated with pregnancy

An additional eight sessions will be covered for those patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually. Treatment must be discontinued if the patient is not improving or is regressing.

Plan Name	Acupuncture Service	
	In-Network	Out-of-Network
Care N' Care Classic (HMO)	\$15 copay	Not Available
Southwestern Health Select (HMO)	\$15 copay	Not Available
Care N' Care Choice (PPO)	\$15 copay	\$70 Copay
Care N' Care Choice Plus (PPO)	\$15 copay	\$40 copay
Care N' Care Choice Premium (PPO)	\$0 copay	30% of the cost
Care N' Care Choice MA-Only (PPO)	\$15 copay	\$40 copay

Have Questions or Need Assistance? Contact your Customer Experience Team.



1-877-374-7993 (TTY 711) October 1 - March 31, 8 a.m. to 8 p.m., CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m., CST, Monday through Friday.



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