



Over-the-Counter Benefit

Savings easy and convenient from your home

Over-the-counter (OTC) drugs and supplies can be expensive. That's why Care N' Care (HMO/PPO) offers a way to save money on these items and have them conveniently delivered to your home, saving you time and money.

Ordering the items you need to stay healthy is easy as 1..2..3



Select the health and wellness products you would like from the OTC product catalog



Place one order per calendar quarter, online or by phone



Receive your order – delivered to your door

Care N' Care provides a \$60 for Care N' Care Classic HMO, Southwestern Health Select HMO, Care N' Care Choice PPO, Care N' Care Choice Plus PPO, Care N' Care Choice Premium PPO, and \$40 for Care N' Care Choice MA -Only PPO credit every quarter toward the purchase of select OTC health and wellness items like pain relievers, cough and cold medicine, vitamins, sunscreens and bandages, through a mail order catalog. Orders are shipped by the US postal service at no additional cost.



Things to Remember

- Allowance is once a quarter for select products listed in the CNC OTC Product Catalog
- Does not roll over each quarter, you must use it or lose it each quarter.
- Download a printable copy of the OTC Product Catalog from the 2023 Plan Documents section of the CNC website, cnchealthplan.com/our-plans-2023/plan-documents-2023/ or call your Customer Experience Team to request a printed copy.

Have Questions or Need Assistance? Contact your Customer Experience Team.



1-877-374-7993 (TTY 711) October 1 - March 31, 8 a.m. to 8 p.m., CST, seven days a week
or April 1 - September 30, 8 a.m. to 8 p.m., CST, Monday through Friday.



YourTeam@cnchealthplan.com