



Vision Health

Be kind to your eyes.



Sight provides much pleasure, but it's also an important part of staying safe and independent. Your eyes deserve good care and attention. With Care N' Care HMO/PPO, all plans include a vision benefit powered by EyeMed to keep your eyes young and healthy.

- Benefits provided by EyeMed.
- Refraction test included during routine eye exam. No additional cost.
- HMO members – Must stay in-network.
- PPO members – In-network and out-of-network coverage.
- Locate an in-network vision provider on the Care N' Care website by using the “Find a Provider” search, cnchealthplan.com/find-a-provider/, Select “Find a Vision Provider” to access the LARGE network of vision providers.

Use the chart and information below to determine your copay based on the plan you are enrolled in and what your reimbursed amount will be depending on the service.

Plan Name	Routine Eye Exam		Glasses, Lenses Frames, and Contacts	
	In-Network	Out-of-Network	In-Network	Out-of-Network
Care N' Care Classic (HMO)	\$0	Not Available	\$0 copay ¹	Not Available
Southwestern Health Select (HMO)	\$0	Not Available	\$0 copay ¹	Not Available
Care N' Care Choice (PPO)	\$0	\$50 copay ¹	\$0 copay ²	\$25 copay ²
Care N' Care Choice Plus (PPO)	\$0	\$40 copay ¹	\$0 copay ²	\$30 copay ²
Care N' Care Choice Premium (PPO)	\$0	\$35 copay	\$0 copay ³	\$30 copay ³
Care N' Care Choice MA-Only (PPO)	\$0	\$35 copay	\$0 copay ³	\$30 copay ³

Have Questions or Need Assistance? Contact your Customer Experience Team.



1-877-374-7993 (TTY 711) October 1 - March 31, 8 a.m. to 8 p.m., CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m., CST, Monday through Friday.



YourTeam@cnchealthplan.com

¹You will be reimbursed up to a maximum amount of \$30 for a routine eye exam with submission of paid receipt and completed reimbursement form. ²With a maximum benefit amount of \$100. ³With a maximum benefit amount of \$150. All vision benefits provided by EyeMed. Care N' Care Insurance Company Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal. Y0107_23_036_M Accepted