



Over-the-Counter Benefit

Savings easy and convenient from your home

Over-the-counter (OTC) drugs and supplies can be expensive. That's why Care N' Care (HMO/PPO) offers a way to save money on these items and have them conveniently delivered to your home, saving you time and money.

Ordering the items you need to stay healthy is easy as 1..2..3



Select the health and wellness products you would like from the OTC product catalog



Place one order per calendar quarter, online or by phone



Receive your order – delivered to your door

Care N' Care provides a \$60 for Care N' Care Classic HMO, Southwestern Health Select HMO, Care N' Care Choice PPO, Care N' Care Choice Plus PPO, Care N' Care Choice Premium PPO, and \$40 for Care N' Care Choice MA -Only PPO credit every quarter toward the purchase of select OTC health and wellness items like pain relievers, cough and cold medicine, vitamins, sunscreens and bandages, through a mail order catalog. Orders are shipped by the US postal service at no additional cost.

From dental loss to bandages – We've got the everyday products you need!